



B A R

THE SOAK





# THE SOAK

What awaits you?

We're glad to see you're taking a bit of time to go through the menu. There's no rush. You'll find everything you need here, from small plates to keep you going to cocktails that will get you moving.

Wherever your visit takes you, we encourage you to make the most of the journey.

## AT THE BAR

Padrón peppers (VG) 200 kcal 4.5

Marinated olives (VG) 109 kcal 4

Warm focaccia, extra virgin olive oil,  
balsamic vinegar (VG) 619 kcal 4

## SMALL PLATES

### FALAFEL

with roasted red pepper hummus,  
beetroot, yoghurt (V) 668 kcal 7

### LAMB KOFTA

with yoghurt, chilli sauce,  
pomegranate 703 kcal 8

### PEARL BARLEY SALAD

with beetroot, roast butternut squash,  
leaves, cress, toasted pumpkin seeds,  
herb dressing (VG) 521 kcal 7.5

### RED VELVET KING PRAWNS

with wasabi mayo, radishes 795 kcal 9.5

### BUTTERMILK CHICKEN TENDERS

with chipotle mayo, pickles 1066 kcal 8

### NACHOS

with smoked cheese sauce, tomato  
salsa, guacamole, sour cream, jalapeños,  
spring onions (V) 1325 kcal 7

FOR OUR FULL FOOD MENU, JUST ASK A MEMBER OF THE TEAM.

(V) indicates suitable for Vegetarians. (VG) indicates suitable for Vegans.

Adults need around 2,000 kcal a day. If you have any dietary requirements, allergens or intolerances, please inform your server before ordering. For more detail of allergenic ingredients used in our menu, we have an information pack available. Please note that our kitchen and food service areas are not nut-free or allergen-free environments. All weights are approximate before cooking. We take animal welfare very seriously, please review our full policy on our website [www.glhhotels.com](http://www.glhhotels.com). All prices are inclusive of VAT at the current rate. A discretionary service charge of 12.5% will be added to your bill.



## PING PONG

### Handmade Dim Sum

Sometimes it just has to be dumplings. No-one does them better than Ping Pong, so that's why we had to feature them in our menu at The Soak. Try a dish and see for yourself.

## CRISPY

### CHICKEN WINGS

cherry wood smoked chilli chicken wings, tangy tomato chilli sauce 528 kcal 8

### CHICKEN SKEWERS

soy marinated chicken skewers, smoky orange sauce 205 kcal 7

### GLAZED SPARE RIBS

honey glazed pork spare ribs, toasted sesame seeds (GF) 845 kcal 9

### SESAME PRAWN TOAST

sesame prawn toast with a hint of garlic, spicy mango sauce 220 kcal 7.5

### VEGETABLE SPRING ROLL

vegetable spring roll – mushrooms, carrots, white cabbage and potato with a hint of pepper, wrapped in a crispy spring roll pastry, served with spicy mango sauce (VG) 217 kcal 5.5

### DUCK SPRING ROLL

crispy duck spring roll, cucumber & spring onion, hoisin sauce 234 kcal 7.5

## DUMPLINGS

### BLACK PRAWN DUMPLING

king prawn, garlic butter, squid ink pastry 132 kcal 7.5

### SHANGHAI CHILLI WONTONS

with spinach & mushrooms, rocket leaves, bean curd, Chinkiang vinegar & chilli oil (VG) 291 kcal 7.5

### SPICY VEG & MUSHROOM DUMPLINGS

shiitake mushrooms, root vegetables and water chestnut with aromatic coriander, chilli and sesame (VG-GF) 109 kcal 5.5

### GRIDDLED BEEF GYOZA

with Chinkiang vinegar 198 kcal 7.5

## POTS

### CREAMY TOFU & ENOKI NOODLE SOUP

creamy soup with noodles, sliced tofu steak and grilled enoki mushroom, topped with fresh chilli and thinly chopped spring onion (VG) 390 kcal 8

### SICHUAN CHICKEN RICE POT

braised chicken with chilli, edamame beans, shiitake mushrooms on steamed rice 330 kcal 7.5

### MUSHROOM & BLACK BEAN RICE POT

sautéed Chinese mushrooms with bean curd & black beans on steamed rice (VG) 464 kcal 7





**D R I N K S**

# CHAMPAGNE & SPARKLING

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125ml Bottle

## PALLADIANO DURELLO SPUMANTE

Veneto, Italy

delicate and lively on the palate with ripe fruit, zesty acidity and a clean, refreshing finish

9 41

## CHAPEL ROSÉ BRUT

Kent, England

expect aromas of fresh strawberries, cherries and redcurrants with background notes of toasty shortbread. The palate is crisp and fresh, its fine mousse contributing to the light and effortless style

11 45

## CHAPEL DOWN VINTAGE RESERVE

Kent, England

a delicate and fresh style of English sparkling wine. Bramley apple, lemon shortbread and light red berries on the nose are followed by subtle toasty characters on the palate

12 49

## LANSON PÈRE ET FILS

the blending and ageing process gives this wine a rich body and a deep complexity. The flavours are well-developed and the aromas are as elegant as rich

14 65

## LANSON ROSÉ

a non-vintage cuvée. Made from a delicate blend of the three main Champagne grape varieties

15 70

## LANSON LE VINTAGE

matured for at least 10 years to achieve a unique aromatic complexity with rich and fruity flavours of pear, quince and accents of citron.

- 105

## LE CLOS LANSON

rich palate with ripe green fruits and stones fruit flavours. The vitality of the wine gives a fresh finish with long notes of spices and exotic fruits

- 190

# ROSE WINE

175ml 250ml Bottle

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## PRINCIPATO PINOT GRIGIO ROSATO

10 13 34

Provincia di Pavia, Italy

delicate and lively on the palate with ripe fruit, zesty acidity and a clean, refreshing finish

## CHAPEL DOWN ENGLISH ROSE

- - 40

Kent, England

a delicate rosé which epitomises English summer with aromas of wild strawberries and sherbert. Citrus and red berries on the palate lead to a crisp refreshing finish

Fancy something smaller? Just ask for a 125ml glass.

# WHITE WINE SOFT & FRUITY

175ml 250ml Bottle

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## PERCHERON CHENIN BLANC

Western Cape, South Africa

aromatic with delicious subtle perfumed aromas  
with white peach and hints of jasmine on the nose

9 10 29

## CAVE DE L'ORMARINE 'CARTE NOIRE'

Picpoul de Pinet, France

generous notes of white fruits and citrus. Well balanced  
and lively on the palate with delicate lemony notes

- - 36

## ADOBE RESERVA VIOGNIER (ORGANIC)

D.O. Valle Central, Chile

rich aromas of citrus, orange peel and dried apricot,  
fresh pears and white peaches, plus hints of candied fruit

12 15 42

## SHADOW POINT CHARDONNAY

Monterey, USA

this is a modern Californian Chardonnay, which displays  
ripe stone fruit, soft oak and also lovely freshness

13 16 44

## HENNERS NATIVE GRACE BARREL CHARDONNAY

East Sussex, England

apple, lemon and stone fruit aromas with some toasty  
and buttery notes and a citrus streak. Delicate spice  
and creamy, textural richness from time spent in barrel

- - 49

# WHITE WINE CRISP & REFRESHING

175ml 250ml Bottle

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<b>PIATTINI PINOT GRIGIO</b> Delle Venezie, Italy apple aromas with hints of honey, peach and layers of orchard fruit, spice and fresh citrus acidity	10	11	32
<b>FONTANINO RIESLING</b> Piemonte, Italy classic dry Riesling with aromas of lime, petrol, stone fruit and a touch of lemongrass	11	14	40
<b>LA LEYENDA DE LAS CRUCES SAUVIGNON BLANC</b> Valle de Leyda, Chile pink grapefruit, peach, a zesty palate with a mouthwatering finish	12	15	42
<b>DOMAINE DE MALTAVERNE POUILLY-FUMÉ 'L'AMMONITE'</b> Loire Valley, France light, dry, classic and elegant with a flinty edge. The palate is rich, ripe with smoky notes and a grassy finish	-	-	56
<b>DOMAINE DE LA MOTTE CHABLIS PREMIER CRU VAU-LIGNEAU</b> Burgundy, France lightly toasted buttery oak on the nose, the palate is complex and mineral yet ripe with plenty of fresh Chablis acidity	-	-	66

Fancy something smaller? Just ask for a 125ml glass.

# RED WINE BOLD & LUSCIOUS

175ml 250ml Bottle

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<b>PERCHERON SHIRAZ MOURVÈDRE</b> Western Cape, South Africa aromatic with delicious subtle perfumed aromas with white peach and hints of jasmine on the nose	9	10	29
<b>BENJAMIN MALBEC</b> Mendoza, Argentina purple red in colour, bright and intense. Fruity aromas of plum and cherry, balanced with a smooth long finish	11	14	37
<b>CADUS TUPUNGATO APPELLATION MALBEC</b> Uco Valley, Argentina intense purple in colour, the wine displays great depth of black fruits, fresh herbal notes and spice. The palate is elegant with lovely weight, bright black fruits and fresh acidity. The finish is long and has silky tannins	-	-	49
<b>BAROLO CONTEA DI CASTIGLIONE</b> Piemonte, Italy a complex nose of ripe strawberry, dried cherry and cinnamon spice with delicate floral and violet notes	-	-	55
<b>DOMAINE CHANTE CIGALE, CHÂTEAUNEUF-DU-PAPE ROUGE</b> Rhône, France blended by Alex Favier, one of the region's best winemakers, this is an archetypal and rustic Châteauneuf-du-Pape; spiced black fruit aromas and a powerful, warm palate	-	-	60

# RED WINE SOFT & JUICY

175ml 250ml Bottle

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<b>DOMAINE MAS BAHOURAT MERLOT</b> Gard, France deliciously ripe with dark fruits, a touch of Earl Grey and bergamot	10	11	32
<b>SIXTY CLICKS SHIRAZ MATARO</b> Victoria, Australia soft, open, chocolatey fruit has a clove note with a palate of fresh brambly, cherry-red fruit that leads to a gently spicy finish	11	14	40
<b>SHOWDOWN MAN CABERNET SAUVIGNON</b> California, USA ripe blackcurrant and wild berry fruit on the nose complimented with sweet vanilla oak. Rich cassis and black cherry fruit on the palate with a soft, juicy finish	12	15	43
<b>BOUTINOT 'LES COTEAUX' CÔTES DU RHÔNE VILLAGES</b> Rhône, France brambly fruit , subtle oaky nuances, lovely sweet spice – warm star anise with a touch of cinnamon	-	-	43
<b>GREYROCK PINOT NOIR</b> New Zealand berry and ripe cherry aromas, with vibrant flavours of red berries and spice. Fresh and lively palate, with silky tannins and a lingering finish	-	-	47

Fancy something smaller? Just ask for a 125ml glass.





# CLASSIC COCKTAILS

## BELLINI

peach purée, sparkling wine 11.5

## ESPRESSO MARTINI

Absolut Vanilia vodka, espresso,  
Kahlúa, sugar syrup 11.5

## SOUR YOUR WAY – PISCO, WHISKY OR AMARETTO

lemon juice, sugar syrup,  
vegan egg whites 12.5

## NY SOUR

Buffalo Trace bourbon, lemon juice, sugar  
syrup, vegan egg whites, red wine float 12.5

## NEGRONI

Beefeater gin, Campari, Martini Rosso 11.5

## PORNSTAR MARTINI

Sailor Jerry rum, apry, passion fruit purée,  
pineapple juice, sugar syrup 13.5

## DARK & STORMY

Havana 7 rum, fresh lime, ginger beer 12.5

## MARGARITA

tequila, orange liqueur, lime juice 12.5

## LONG ISLAND ICED TEA

Havana 7 rum, gin, vodka, orange liqueur,  
tequila, lemon juice, Coca-Cola 13.5

## MOJITO

Havana 7 rum, mint, lime juice,  
sugar syrup, soda water 11.5

## STRAWBERRY DAIQUIRI

Bacardi rum, strawberry purée, fraise,  
lime juice, sugar syrup 11.5

## PIÑA COLADA

Bacardi rum, Malibu, coconut  
cream, pineapple juice 11.5

# SIGNATURE COCKTAILS

## COGNAC SOUR

Martell VS, lemon juice, vegan egg whites, peach schnapps, sugar syrup 13.5

## BAY BRAMBLE

Chivas Regal, bramble liqueur, lemon juice, agave syrup 12.5

## SPICE IT UP

Smoked Bulldog gin, lemon juice, cucumber, pepper syrup, vegan egg whites, grapefruit soda 11.5

## ZOMBIE

W&N rum, Havana 7, Ron Zacapa 23, passion fruit purée, lime juice, pineapple juice, Angostura, passion fruit syrup 13.5

## BOMBIN

Patrón Silver, Mezcal, melon liqueur, Amaretto, melon, thyme sprig, lime juice 13.5

## THE BOURBON SOAK

Buffalo Trace bourbon, Amaretto, lemon juice, fig syrup, vegan egg whites 11.5

## FROZEN G&T

Hendrick's gin, lime juice, cucumber, sugar syrup, tonic water 11.5

## SAUVIGNON COOLER

Bacardi rum, St Germain elderflower, passion fruit purée, sauvignon blanc 13.5

## PILLOW OF FOAM

Botanist gin, vermouth (Martini Extra Dry), lemon juice, vegan egg whites 13.5

## ORANGE PISCO FIZZ

Pisco, Aperol, orange juice, lemon juice, orgeat syrup, vegan egg whites 12.5

## SMOKED CUBAN OLD FASHIONED

Ron Zacapa 23, sugar syrup, Angostura 13.5

## BRAMBLE VODKA TEA SOUR

Absolut Citron vodka, blackberries, sugar syrup, lemon juice, tea, vegan egg whites 12.5

# MOCKTAILS

## CITRUS PUNCH

fresh lemon and lime, lemonade 9

## VIRGIN DAIQUIRI

strawberry purée, lime juice, sugar syrup, cloudy apple juice 9

## VIRGIN MOJITO

mint, lime juice, sugar syrup, soda water 9

## VIRGIN PASSION FRUIT MARTINI

fresh passion fruit, passion fruit syrup, lime juice, vanilla, cloudy apple juice 9



# GIN

## BEEFEATER ORANGE

distilled British London gin made with orange essence and fine botanicals 9

## BEEFEATER PINK

Beefeater Pink strawberry is the vibrant new pink gin made using the original Beefeater London Dry recipe with the addition of natural strawberry flavouring to give it a vibrant and delicious strawberry taste 9

## BOMBAY SAPPHIRE

tantalising, smooth and complex taste with notes of fresh citrus and juniper flavours combined with an elegant, light spicy finish 9.5

## HENDRICK'S

made by the most curious of minds and imaginative spirit, with hints of coriander, juniper, citrus peel and an odd but marvellous infusion of rose petal and cucumber 10.5

## MONKEY 47

a curious gin from the Black Forest in Germany. Made with 47 botanicals, including their 'secret weapon' commonly found in the Black Forest – cranberries 11

## ROKU

crafted by Japanese artisans, Roku is a multi-layered, perfectly balanced gin combining both traditional and six uniquely Japanese botanicals 10

## SIPSMITH

the quintessential expression of a classic, traditional London dry gin. Bold, complex and aromatic – smooth enough for a Martini, yet rich and balanced, perfect for a G&T 10

## STAR OF BOMBAY

Star of Bombay is a higher-strength, super-premium variant of Bombay Sapphire. The classic notes of juniper, angelica and coriander have been intensified, with the addition of bergamot and ambrette seeds offering extra exoticness. A rich and intense gin 12

## TANQUERAY NO.10

named "Ten" because it was developed on the experimental still named "Tiny Ten." It has a soft mouth-feel with juniper, bitter orange and lemon. Mid-palate angelica and pink grapefruit shine through. The back of the palate has creamy licorice root, white grapefruit, piny juniper and hints of peppercorns 11.5

## WARNER'S RHUBARB

hand-crafted British gin, craft distilled on Falls Farm, exceptional gin using Queen Victoria's own personal rhubarb crop 9

# VODKA

ABSOLUT 9

ABSOLUT CITRON 9

BELVEDERE 9.5

CHASE VODKA England 10.5

FINLANDIA GRAPEFRUIT 9

GREY GOOSE 10.5

KETEL ONE 8.5

STOLICHNAYA VANILLA 9

# RUM

APPLETON SIGNATURE BLEND 9.5

BACARDÍ CARTA BLANCA 8.5

CAPTAIN MORGAN DARK 9

CAPTAIN MORGAN SPICED 9

HAVANA CLUB 7YRS 9.5

MOUNT GAY BLACK BARREL 10

RON ZACAPA 23 11

SAILOR JERRY 8.5

# TEQUILA

DON JULIO AÑEJO 16

DON JULIO REPOSADO 15

EL JIMADOR BLANCO 8.5

PATRÓN SILVER 11

## WHISKY - BLENDED

CHIVAS REGAL 12YRS 11

GLENFIDDICH 12

JAMESON WHISKEY 10

JOHNNIE WALKER RED 9

JOHNNIE WALKER BLACK 11

JOHNNIE WALKER BLUE 50

## WHISKY - SINGLE MALT

ARDBEG 10YRS 14

BALVENIE 12YRS 13

CAOL ILA 12YRS 13

DALMORE 12YRS 11

GLENFIDDICH 15YRS 14

LAGAVULIN 16YRS 18

LAPHROAIG 10YRS 13

MACALLAN GOLD 16

OBAN 14YRS 15

TALISKER 10YRS 13

## BOURBON

BUFFALO TRACE 10

JACK DANIEL'S OLD NO.7 9

WOODFORD RESERVE 11

## LIQUEURS

AMARETTO 9

BAILEYS IRISH CREAM 9

CHAMBORD 9

COINTREAU 9

DRAMBUIE 9

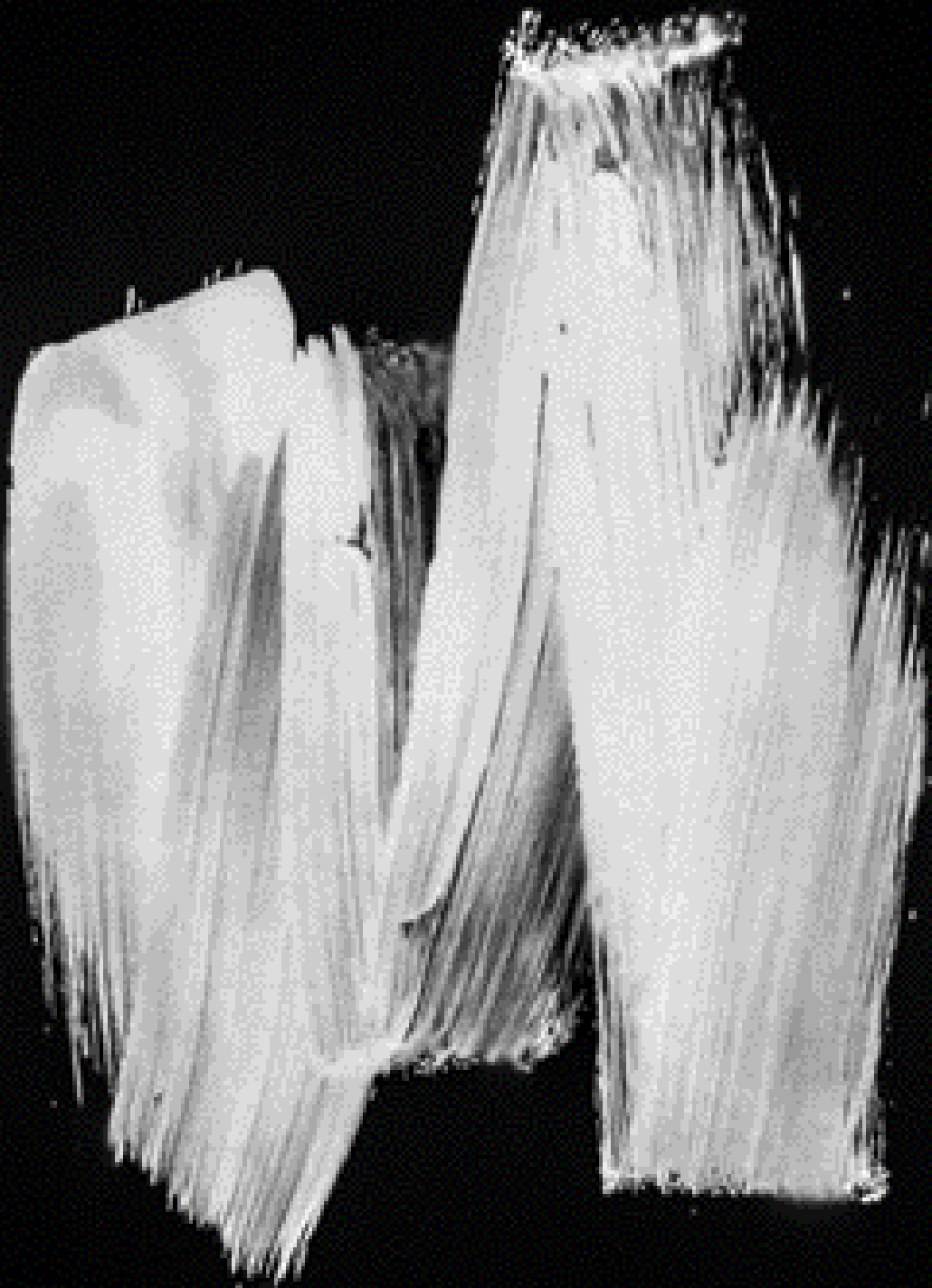
FRANGELICO 9

KAHLÚA 9

LIMONCELLO 9

SAMBUCA 9

SOUTHERN COMFORT 9





## BOTTLE BEER & CIDER

STELLA ARTOIS 6

BECK'S 0% 5

STELLA ARTOIS GLUTEN FREE 6

CAMDEN PALE ALE 6.50

CAMDEN HELLS 6.5

MAGNERS 7

BUDWEISER 6

MAGNERS BERRIES 7

BECK'S 5.5

## DRAUGHT BEER

	1/2 Pint	Pint
GOOSE ISLAND MIDWAY	3.5	7
CORONA	3.25	6.5

Please ask a team member for today's range of craft ales and lagers.

## SOFT

COCA-COLA 330ml 3.5

DIET COKE 330ml 3.5

LEMONADE 200ml 3.5

ORANGE JUICE 3

APPLE JUICE 3

MINERAL WATER 330ml 2.8

SPARKLING WATER 330ml 2.8

FEVER-TREE MIXERS 200ml 3

## HOT

AMERICANO 4.5

LATTE 4.5

CAPPUCCINO 4.5

FLAT WHITE 4.5

ESPRESSO 3.5

MACCHIATO 3.5

CAFÉ MOCHA 4.5

HOT CHOCOLATE 4.5

BREAKFAST TEA 4.5

SPECIALITY TEA 5



HAVING A GOOD TIME? WE'D LOVE TO SEE. SHARE YOUR  
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PLANNING SOMETHING? WE CAN HELP: 0207 868 6272

All wines are 11–15% and Champagne 12–13% ABV. Beers/Cider 3.8–5.8%. Spirits 37.5–63% ABV.  
Liqueurs, Aperitifs & Other 15–37% ABV. All prices are inclusive of VAT at the current rate.  
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